



Spa To Go: Holistic Therapy That Comes to You

Have you ever said to yourself, "I really need a massage," only to be discouraged at the prospect of driving across town to get back home after you're finished? There's nothing like Los Angeles traffic to put the stress right back into a recently detoxed body. That's why Be Well Incorporated's Spa To Go service is ideal for Angelenos: The relaxation comes right into your home...and stays there. After you're done, the farthest you'll have to travel is to your bed, or maybe your bathtub.

One of Be Well Incorporated's professionally licensed massage therapists will arrive at your home with a table, and a selection of aromatherapy oils and soothing music (though you're welcome to provide your own soundtrack). We recommend cranking up the heat for a half hour to an hour before your therapist arrives in order to keep your muscles warm and your exposed parts toasty once you're under the sheet. The treatment itself is pure bliss, just what we've come to expect from Be Well Incorporated's talented healing arts specialists.

Services may be received at any of Be Well Incorporated's spa locations (see below) or at your (or your lucky friend's) home or office. We're thinking holiday gifts!

Checkers Spa

535 S. Grand Ave.
Los Angeles, CA 90071

Beach House Spa

1300 The Strand
Hermosa Beach, CA 90254

Omni Spa

251 S. Olive St.
Los Angeles, CA 90012



For more information about locations and services (including at-home spa parties), please visit www.thankyouandbewell.com or call 310.614.7455